

Christian Affirmations for Child Birth

“Peace Be Still.” Breathe slowly and deeply.
Embrace gentleness in my body and kindness to others.

God designed my body to birth naturally.
I trust God to guide my baby through my body.

My body was created to do this work.
Have patience. The baby will arrive in God’s timing.

Labor is good. God is good. Baby is good.

The people helping me are a blessing.
Faith allows the natural process to keep happening.

God chose this day for my baby’s birth day!

God trusts my ability to birth my baby.
I don’t have to fear. God is with us in this moment.

Be of good courage.

He restoreth my soul.

Rest in the Lord between contractions.

The fruit of the womb is His reward.

Bible Verses for Child Birth

"With God all things are possible." Matthew 19:26

"Come unto me, all ye that labour and are heavy laden, and I will give you rest." Matthew 11:28

"He giveth power to the faint; and to them that have no might he increaseth strength." Isaiah 40:29

"Lo, children are an heritage of the Lord: and the fruit of the womb is his reward." Psalm 127:3

"Thus saith the Lord that made thee, and formed thee from the womb, which will help thee;" Isaiah 44:2a

"It is God that girdeth me with strength..." Psalm 18:32a

"And the Lord, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed." Deuteronomy 31:8

"My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever." Psalm 73:26

"Strength and honour are her clothing; and she shall rejoice in time to come." Proverbs 31:25

"They shall not labour in vain, nor bring forth for trouble; for they are the seed of the blessed of the Lord, and their offspring with them." Isaiah 65:23

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." 2 Timothy 1:7

"Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." Isaiah 41:10

"So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me." Hebrews 13:6

"Trust in the Lord with all thine heart." Proverbs 3:5a

Bible Verses for Child Birth

"For this child I prayed; and the Lord hath given me my petition which I asked of him:" 1 Samuel 1:27

"Fear ye not therefore, ye are of more value than many sparrows." Matthew 10:31

"Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you." 1 Thessalonians 5:16-18

"Therefore my heart is glad, and my glory rejoiceth: my flesh also shall rest in hope." Psalm 16:9

"What time I am afraid, I will trust in thee." Psalm 56:3

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